I TOOK THE PLEDGE!

I am a COVID Conscious Concordian and commit:

To fill out my daily symptom tracker before entering campus spaces.

To physically distance in campus public spaces, resident hall common areas, classrooms, sports facilities, and offices, when applicable.

To wear my mask on campus when near other people.

To use proper handwashing techniques and sanitize spaces after use, when applicable.

To utilize virtual tools for social gatherings (when gathering in appropriate spaces is not possible). To practice the 5-steps:

- **1. hands,** wash them often
- 2. elbow, cough in it
- 3. face, don't touch it

- 4. feet, stay 6 ft apart
- 5. feel sick?, stay home

Most of all, I commit:

To encourage others to join me in these efforts and speak out or tell the Dean of Students (john.rathje@cuaa.edu) if I notice people not practicing the 5-steps. To do what I can in my daily choices to diminish the spread each day and promote health and wellness to protect CUAA students, faculty, and staff as a global citizen of our campus community.



Signature
